

FAMILY HONOUR & SHAME - DEFENDING A LIE WON'T MAKE IT STOP. OVER 90% OF ABUSE IS CARRIED OUT BY FAMILY **MEMBERS, FRIENDS & PEOPLE**

The thought that someone you know or love has sexually abused a child, or may be abusing a child in your family is one of the hardest things to face. But it is better to talk over the situation with someone than to discover that your silence allowed the abuse to continue. If you suspect that someone you know may be sexually abusing a child, you must contact the police or speak confidentially to someone on the Helplines below. To learn more about child sexual abuse, and prevention education visit our websites.

IF YOU'RE A CHILD & WANT HELP CALL CHILDLINE

0800 1111

CALL FOR INFORMATION, ADVICE OR IF YOU JUST WANT TO TALK IF YOU SUSPECT ABUSE CALL NSPCC HELPLINE

0800 800 5000

Prevented

ABUSE PREVENTION EDUCATION

