## CHILD SEXUAL ABUSE EARLY WARNING

SIGNS ALL PARENTS AND TEACHERS MUST KNOW



CHILDREN CAN'T SPEAK UP ABOUT SEXUAL ABUSE. ANY ONE SIGN DOESN'T MEAN THAT A CHILD WAS, OR IS BEING ABUSED, BUT IF YOU SEE MULTIPLE SIGNS / RED FLAGS YOU MUST ASK QUESTIONS. PARENTS & TEACHERS NEED TO REMEMBER ABUSE HAPPENS TO BOTH BOYS & GIRLS & SIGNS CAN BE VERY SUBTLE THEREFORE IT IS VITAL TO RECORD / LOG CAUSES OF CONCERN.



IF YOU ARE IN DOUBT, REPORT TO BELOW HELPLINES TO SEEK PROFESSIONAL HELP

## 1in10

**ONE** in TEN children experience sexual abuse before the age of 16. That is the Equivalent of THREE CHILDREN IN EVERY CLASSROOM

**OVER OF CHILD** 

**ABUSE** 

IS CARRIED OUT BY **SOMEONE YOU KNOW OR KNOWN** TO THE FAMILY



1in3 **CHILDREN NEVER DISCLOSE THEIR ABUSE** 



- PHYSICAL SIGNS, SUCH AS UNEXPLAINED SORENESS OR BRUISES AROUND GENITALS OR MOUTH, RASHES, BLEEDING, HAIR LOSS & BRUISES OR BITE MARKS TO BODY
- **NEW WORDS FOR PRIVATE BODY PARTS** 2 **AND NO OBVIOUS SOURCE**
- SCHOOL ABSENCES, ACTING OUT IN SCHOOL, NOT WANTING TO PARTICIPATE IN PE, SPORTS AND SWIMMING

**RUNNING AWAY FROM HOME, FREQUENT** 

- SUDDEN UNEXPLAINED PERSONALITY **CHANGES:** RAGE, INSECURITY, ANGER, **DEPRESSION, AND ANXIETY**
- **NEW FEAR OF CERTAIN PEOPLE OR** PLACES, NOT WANTING TO BE ALONE WITH SOMEONE, EVEN A FAMILY MEMBER **YOU KNOW & TRUST**
- **BECOMING WITHDRAWN OR VERY CLINGY, EASILY DISTRACTED OR DISTANT AT TIMES**
- **BECOMING UNUSUALLY SECRETIVE. TELLING LIES, REFUSING TO TALK ABOUT** 7 A SECRET THEY HAVE WITH AN OLDER **CHILD OR ADULT**
- **REGRESSING TO YOUNGER BEHAVIOURS** LIKE BEDWETTING AND THUMB SUCKING
- **NIGHTMARES AND SLEEPING PROBLEMS**
- **RESISTS REMOVING CLOTHES FOR BATHING OR CHANGING CLOTHES**
- **UNDERPANTS SOILING OR BLEEDING** 11 **UNRELATED TO TOILET TRAINING**
- PAIN DURING URINATION OR BOWEL **MOVEMENT**
- CHANGES IN EATING HABITS. TROUBLE **13 EATING OR SWALLOWING**
- CHANGES IN CLOTHING, DRESSING 14 SHABBILY OR, IN SOME INSTANCES DRESSING PROVOCATIVELY
- **ACTING OUT IN AN INAPPROPRIATE 15** SEXUAL WAY WITH TOYS OR OBJECTS. PLAYING SEXUAL GAMES
- TALK OF A NEW FRIEND, AND 16 **UNEXPLAINED MONEY OR GIFTS**
- **SELF-HARM CUTTING, BURNING OR 17** OTHER HARMFUL ACTIVITIES

CALL FOR INFORMATION, ADVICE OR IF YOU JUST WANT TO TALK



IF YOU SUSPECT ABUSE CALL NSPCC HELPLINE 0800 800 5000

IF YOU'RE A CHILD & WANT HELP CALL CHILDLINE 0800 1111

