



## **BELIEVE** HER WHEN SHE TELLS YOU....YOU MIGHT BE THE ONLY ONE SHE **TELLS** - 1 IN 3 NEVER DISCLOSE

Children can't talk about sexual abuse, so we must. Over 90% of abuse is carried out by someone you know or known to the family. If you're worried about someone's behaviour with a child, or secretive use of chat rooms, social media platforms or illegal websites, the sooner you act the sooner you can prevent abuse from happening. If you suspect that someone you know may be sexually abusing a child, you must contact the police or speak confidentially to someone on the Helplines below. To learn more about child sexual abuse, and abuse prevention education visit our websites.

**CALL FOR INFORMATION, ADVICE OR IF YOU JUST WANT TO TALK**

**Prevent**  
**ed**  
ABUSE PREVENTION EDUCATION

IF YOU SUSPECT ABUSE CALL NSPCC HELPLINE

**0800 800 5000**

IF YOU'RE A CHILD & WANT  
HELP CALL CHIDLIN

**0800 1111**

**NNECA**  
NATIONAL NETWORK TO END CHILD ABUSE

[WWW.NNECA.ORG.UK](http://WWW.NNECA.ORG.UK)

[WWW.CHILDABUSEHELP.ORG.UK](http://WWW.CHILDABUSEHELP.ORG.UK)

